CHOOSE SAFETY

Programme for young & future workers

Did you know 27,494 students took the Choose Safety programme in 2021?

Choose Safety introduces senior cycle students/students in further education to the principles of workplace safety and health.





An tÚdarás Sláinte agus Sábháilteachta

Preparing Senior Cycle Students for Work Experience and the World of Work





Unit 1: Starting Work

- Young workers' rights Induction
- **Health and safety laws and your** workplace



Unit 2: Workplace Hazards

- Hazards and risk assessment
- Manual handling and ergonomics
- Slips, trips and falls
- Fire safety and first-aid



Unit 3: Doing your job

- Working at a height
 - **Workplace transport safety**
- Chemicals
- **Farming**
- Hospitality
 - **Personal Protective Equipment (PPE)**



Unit 4: Roles, tasks and you

- **Safety officer and safety representative**
- **Work environment**
- Workplace health and well-being

The basic law in this area is the 2005 Safety, Health & Welfare at Work Act which provides an overall framework for making work safe.



Unit 5: Communicating safety

- Communicating the safety message
- Accident and incident reports
- **─** Safety statement
- **─** Safety signs





Unit 6: Reflections

- Case studies
- **Major assignment**



Online Course available





Health and Safety in the Workplace for Students **Starting Work**

45 minutes of self-directed learning online

HSA

Get Safe -Work Safe

