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# **Ergonomics Webinar** 2021 Ergonomic Risk Management for the Prevention of Musculoskeletal Disorders

The Health and Safety Authority invites you to attend our Ergonomics Risk Management Webinar to support the EU-OSHA Lighten the Load Campaign 2020-2022 that is targeting the management and prevention of Musculoskeletal Disorders in the workplace.

# Why attend?

The event will include some very interesting ergonomic case studies of good practice, which highlight innovation, problem solving and team working skills applied in an Irish workplace setting to target the management of ergonomic risks and the prevention of musculoskleletal disorders. The webinar will also include a presentation on planning for working from home, which is an important current emerging way of working which needs to take account of potential musculoskeletal health risks.

# Who should attend?

The workshop will be of a particular interest to:

- Health and Safety Professionals
- Production and Operations Managers
- Safety Representatives
- Occupational Health Professionals
- Production or Manufacturing Engineers
- Others that have an interest in the science and management of work both at home and in the workplace







## **Webinar Dates and Times**

October 26th 2021 10:00 - 11:50

### **Programme**

- **10.00** Introduction by Chairperson: Helen Hourihane, Occupational Health and Hygiene Manager, Health and Safety Authority
- **Ergonomic Strategy and Interventions** 10.05 at workplace Level: Frank Power Senior Ergonomist (Inspector), Health and Safety Authority
- 10.15 Introduction to Risk Assessment Tools for managing musculoskeletal disorders: Ita Leyden: Managing Director, Leyden Consulting Engineers (LCE)
- 10.35 Ergonomic Case Study 1: National **Rehabilitation Hospital (NRH):** David Donoghue, Assistant Manager Technical Services (NRH)
- 10.55 Comfort Break 5 minutes
- 11.00 **Ergonomic Case Study 2: Reduction of MSD** Injuries in the Meat processing Industry using a participatory approach: Karina Moody, Environmental Health and Safety Lead supported by Terry Byrne, Strategic Projects Lead, Kerry Foods, Shillelagh

With an Introduction by the Irish Human Factors and Ergonomics Society

11.20 Planning for working from home: Joanne Harmon, Business and Education support Manager, Health and Safety Authority

11.35 Q/A and Wrap Up

11.50 Close