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## Webinar on Increasing Psychological Safety at Work

The Occupational Health Division of the Health and Safety Authority (HSA) invites you to this free webinar to help you foster, develop and sustain a psychologically safe work environment and improve the organisational climate so that employees feel enabled, supported and motivated to better do their jobs in a healthy and safe way.

Speakers from the HSA and ESB will share knowledge and insights from recent research as well as from case examples, to highlight ways for everyone to add to a workplace culture where growth is encouraged and learning and improvement feed directly into better systems of work.

Guest Speaker Jennifer Grogan *Senior Safety Culture & Leadership Partner* at ESB will share ESB's safety culture programme and specifically the leadership practices which foster psychological safety in teams and support a healthy, safe and inclusive workplace along with many other positive outcomes.

### Who should attend?

This free webinar will benefit many types of profiles and backgrounds including:

- Supervisors/Managers
- Human Resource and People Managers
- Health & Safety Managers
- Safety Representatives
- Occupational Health Professionals
- Anyone with an interest in workplace behavioural change

### What will you gain by attending?

- Insights into what is psychological safety
- What are its benefits
- How to help foster it – leadership role
- Differences between psychological safety and general safety
- How to sustain a culture of psychological safety
- Key insights to help you start to identify mechanisms for psychological safety

### Agenda

April 23rd 2024

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| 10.00 am | Jennifer Grogan <i>Senior Safety Culture &amp; Leadership Partner</i> at ESB |
| 10.40 am | Interactive Q&A using Slido  |
| 11.00 am | Short comfort break  |
| 11.05 am | Patrica Murray, <i>Senior Organisational Psychologist/Inspector</i> , HSA    |
| 11.45 am | Q&A  |
| 11.50 am | Webinar ends   |