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## Ergonomics Webinar: Key elements for managing Ergonomic and Psychosocial Risk at workplace level

The Health and Safety Authority invites you to attend our upcoming webinar on ergonomic and psychosocial risk assessment in the workplace.

### Why attend?

#### Managing ergonomic risk

Ergonomics aims to design tasks so that people can perform their work within their capabilities, protecting their musculoskeletal health while enabling them to work more efficiently. Attendees will gain an insight to the key elements for managing ergonomic risk including an overview of policy, practical risk assessment tools to quantify ergonomic risk and auditing. They will also gain an understanding of the importance of controlling risk through the introduction of innovative engineering solutions or by changing the way work is planned and organised.

The webinar includes case studies demonstrating the application of practical approaches to risk assessment and problem solving through worker consultation.

#### Managing psychosocial risk

Attendees will gain an insight to six over-arching principles to inform those tasked with ensuring a safe and healthy system of work in terms of the psychosocial work environment. Ensuring consultation is crucial for psychosocial risk assessment and making RAs operational and practical increases engagement and more informed processes. In order to meet the legal requirements under the 2005 Act with regard to Psychosocial hazards from work systems, risk assessment is the cornerstone. Work Positive CI is one such system and is free to use on line.

Control measures should be tailored to the context and training and development initiatives suited to the workplace and employee makeup. Person-job fit and upskilling are also relevant and on-going monitoring and review ensures systems are upgraded regularly.

### Who should attend?

The workshop will be of a particular interest to:

- Health and Safety Professionals
- Production and Operations Managers
- Safety Representatives
- Ergonomists
- Occupational Health Professionals
- Production or Manufacturing Engineers
- Others that have an interest in the science and management of work
- HR professionals, EAPs
- Organisational Psychologists

### Date

Wednesday May 17th 11:00-12:15

### Webinar Topics and Speakers

- **Key elements for managing Ergonomic risk in the workplace**

Mr. Frank Power  
– *Ergonomist (Inspector), Health and Safety Authority*

- **Psychosocial risk assessment systems**

Ms Patricia Murray BA., M. Phil., MSc., PSI  
– *Senior Psychologist (Organisational)/Inspector  
Health and Safety Authority*