

# Today's Webinar

Aim: to **introduce Human Factors** and demonstrate its critical role in effective health and safety management

Design work for people to optimise performance

Influence error and non-compliances

Reduce accident risk

Outcome: Enhanced understanding of the role of Human Factors in safety, enabling you to **recognise opportunities for applying Human Factors** to improve safety practices.

INFLUENCE,  
EDUCATE AND  
COLLABORATE

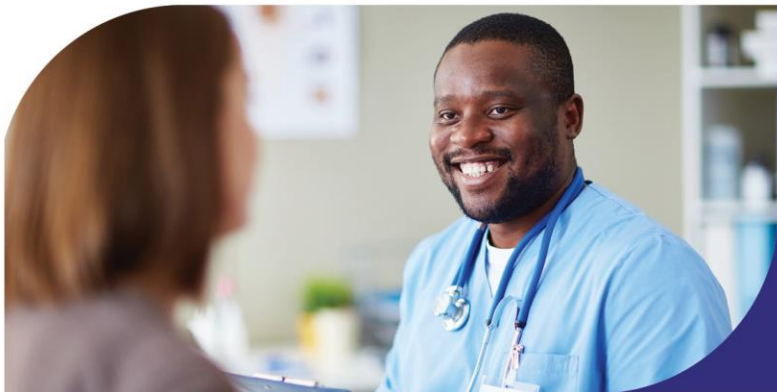
BUILD AND  
SUPPORT  
COMPLIANCE



# HSA

An tÚdarás Sláinte agus Sábháilteachta  
Health and Safety Authority

## Optimising Performance, Minimising Error: Human Factors in Workplace Safety



Colleen Butler, PhD., C.ErgHF MCIEHF

Human Factors Specialist/Inspector

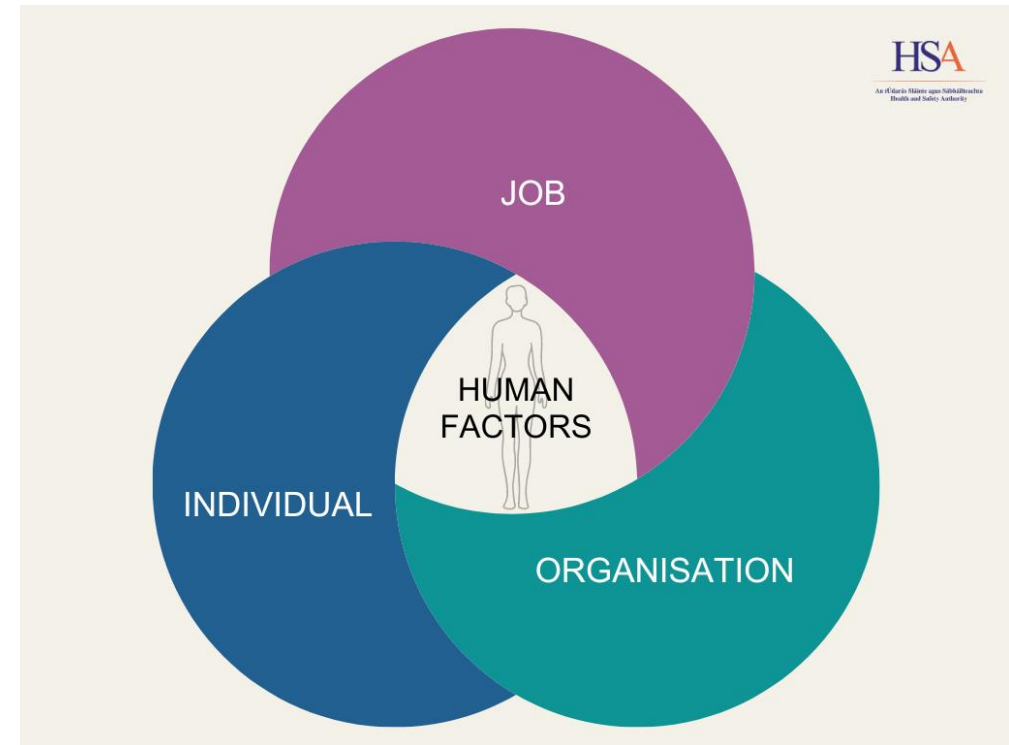
16 April 2024

# Overview

- Introduction to Human Factors
- Review errors, non-compliances
- Identify legal duties of the employer relevant to Human Factors
- Human Factors and Risk Assessment
- Provide insight into Human Factors in HSE UK accident investigations
- Q & A

# Defining Human Factors

“Human Factors refer to environmental, organisational and job factors, and human and individual characteristics which influence behaviour at work in a way which can affect health and safety.”



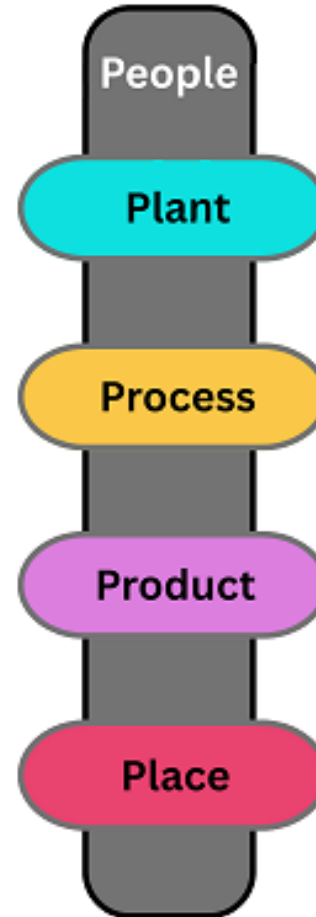
Adapted from Reducing Error and Influencing Behaviour, 1999 (HSE UK)

fatigue behaviour  
decisions factors  
procedures organisational design reliability  
time performance  
critical interaction human wellbeing  
attention mistake slips adapt  
communication system health  
pressure violation thinking failure work  
analysis interface safety lapses memory individual  
engineering culture variability routine  
improving resilience error workload drift people task machine  
automation job

# Design work for: people being people

## Abilities

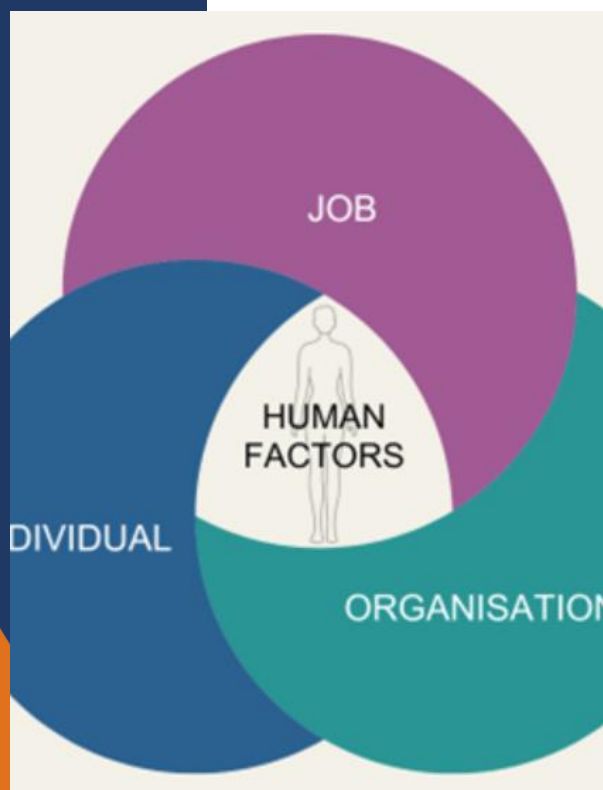
Adapt to demands  
Interpret procedures  
Innovate  
Detect and correct



## Limitations

Memory  
Attention  
Decision making and  
biases

# Performance Influencing Factors



## Individual Factors

- Competence
- Illness/health
- Fatigue
- Physical strength
- Sensory capability

## Job Factors

- Equipment Design
- Workload
- Procedures
- Shift Handover
- Computer Interface

## Organisational Factors

- Health and Safety Culture
- Accident Investigation
- Communication
- Competence Management System



Source: BBC NEWS at [bbc.co.uk/news](http://bbc.co.uk/news)





# Safety, Health and Welfare at Work Act, 2005



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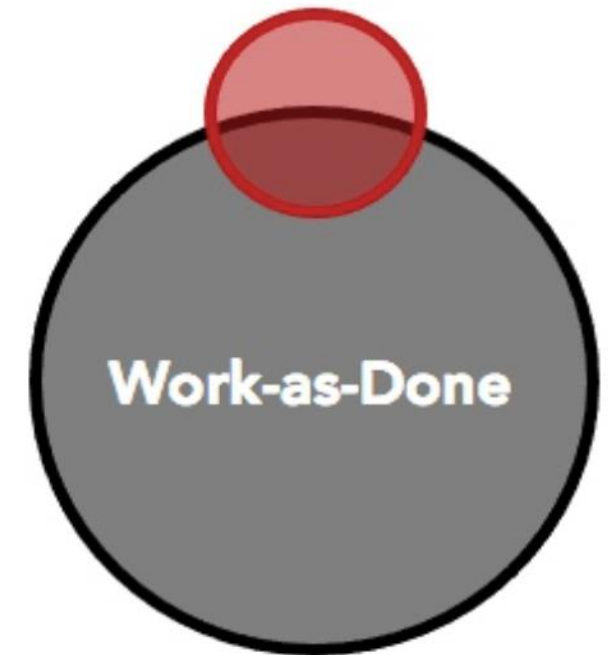
- **Section 8, 2 (e):** Providing systems of work that are planned, organised, performed, maintained and revised as appropriate so as to be, so far as is reasonably practicable, safe and without risk to health.
- **Section 19 (1):** Every employer shall identify the hazards in the place of work under his or her control, assess the risks presented by those hazards and be in possession of a written assessment (to be known and referred to in this Act as a “risk assessment”) of the risks to the safety, health and welfare at work of his or her employees.
- The general principles of prevention, Schedule 3 in the Act > **adapting the work to the individual** and **combatting of risk at source.**

# Work-as-imagined vs Work-as-done

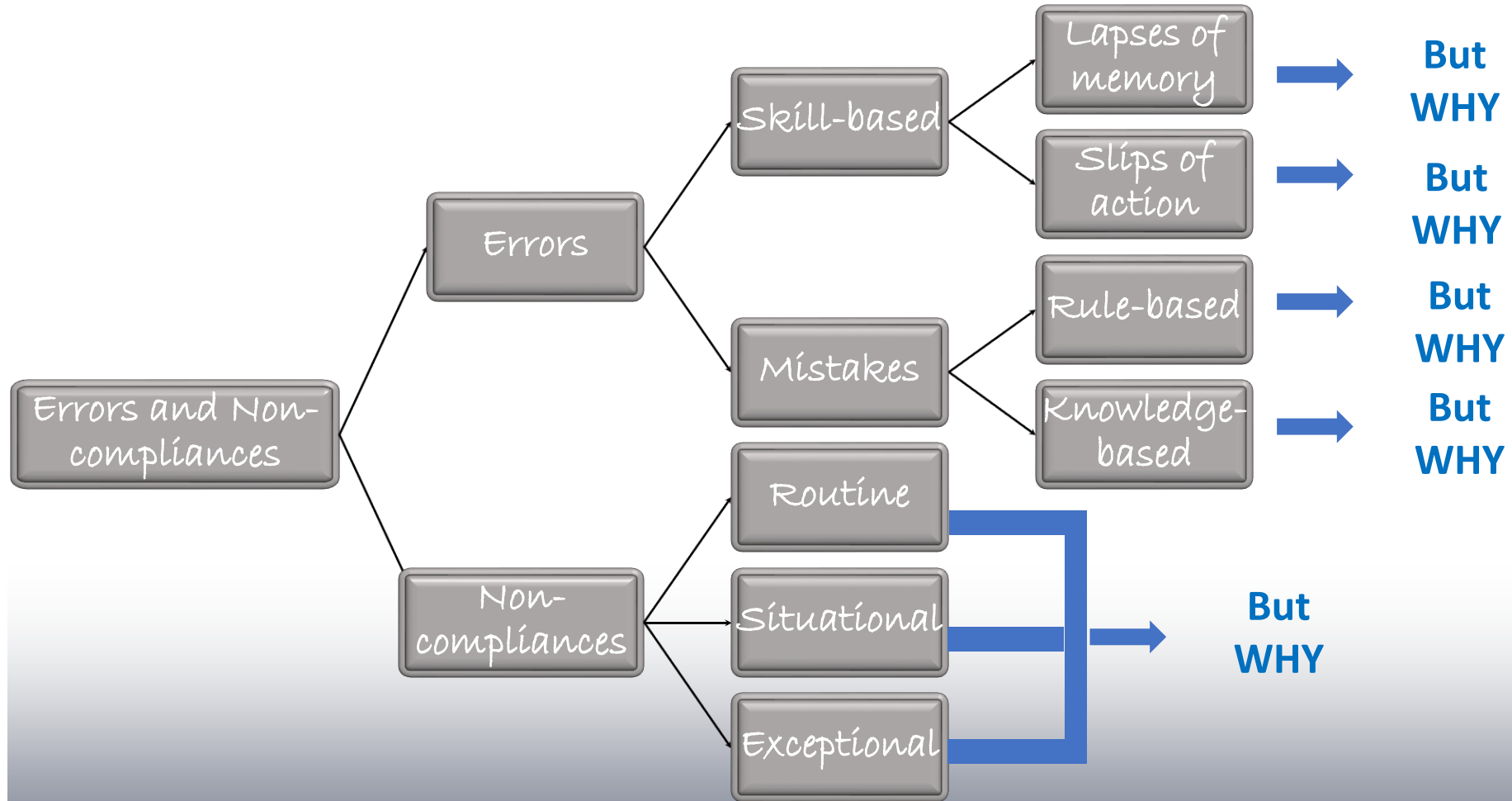
Work as imagined/Assumptions:

- Everyone on site is a competent member of staff
- Everyone on site will follow procedures which are fit for purpose
- Equipment is appropriate and well maintained
- Staff will behave and react in the appropriate way at all times

**Work-as-Imagined**



# Errors and Non-Compliances



Adapted from HSE UK (1999)

# Human Error

Conscious / deliberated  
Knowledge based  
Unskilled  
Novel  
**Slow**  
Demanding  
Feedback needed

Automatic  
Skill based  
Skilled  
Routine  
**Fast**  
Effortless

Little feedback needed



**Knowledge-based  
mistake**

**Rule-based  
mistake**

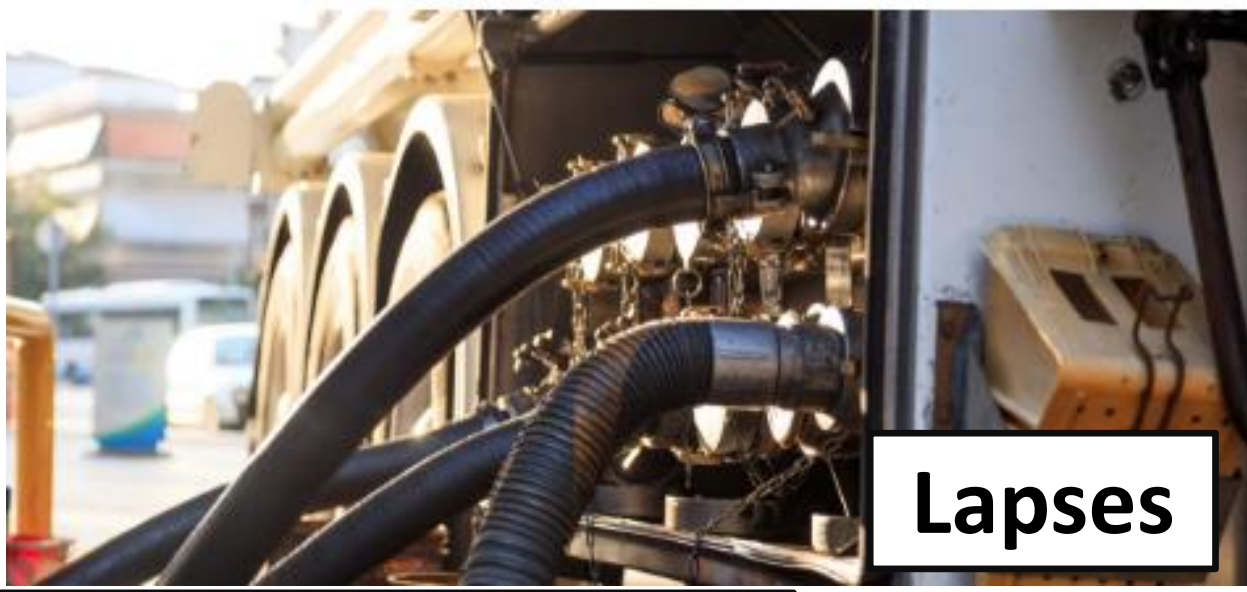
**Skill-based error**

Slip of  
physical  
action

Lapse of  
memory /  
attention



**Slips**



**Lapses**

**Human error is here to stay!**



**Mistakes**



**Non-compliances**

# Mobile Elevated Work Platforms (MEWPs)



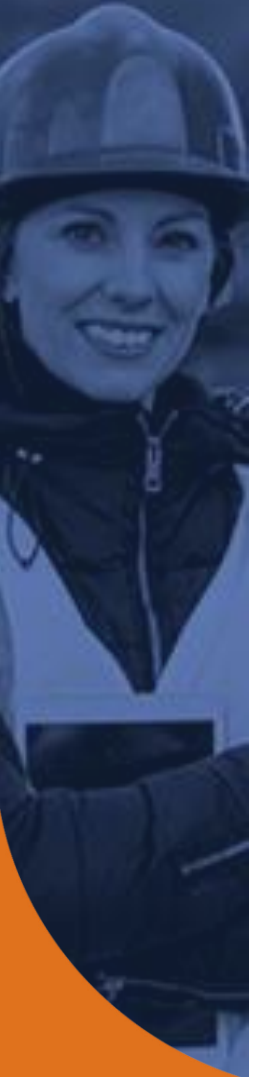
Photograph 1 - Platform control panel for an articulating boom



Photograph 2 - Platform control panel for another articulating boom

# Risk Assessment: Focus on 'work-as-done'

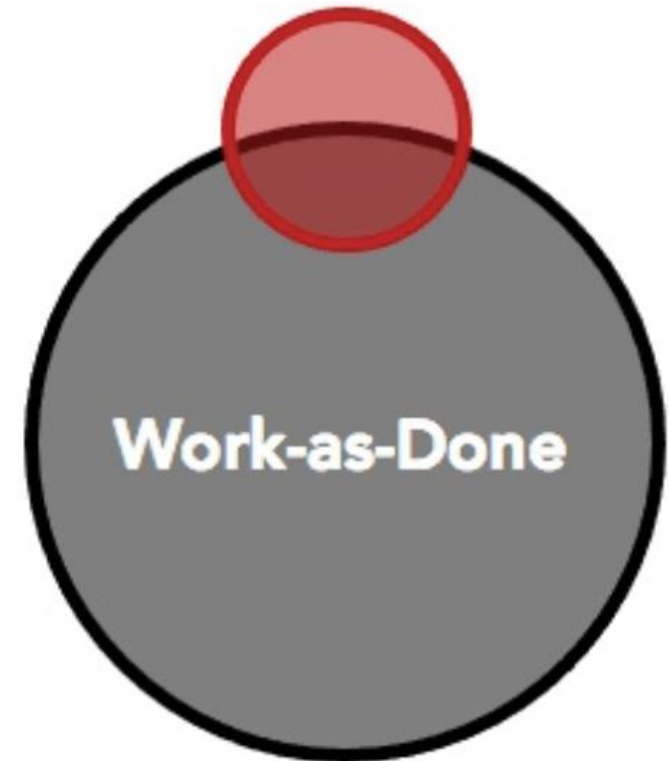
1. Identify hazards – What are the critical tasks where there is a reliance on people?
2. Evaluate risks – consider what can go wrong:
  - What makes error more likely?
  - What difficulties or mistakes have happened in the past?
  - What makes this step difficult?
  - What do you find frustrating about this step?
  - If you had an apprentice doing this task, what would you tell them to watch out for?
3. Put control measures in place - What actions need to be taken to ensure control measures can be implemented?



# Focus on ‘work-as-done’

- Observe how a task is done in reality
- Walk/talk through the task
- Understand where the task can go wrong
- Understand what increases or decreases things going wrong

## Work-as-Imagined



Source: Steven Shorrock | CC BY-NC-ND 4.0 | [humanisticsystems.com](http://humanisticsystems.com)



# Reducing Error and Non-Compliances

Categories	Types	Control Measures
Skill-based errors	Slips	<ul style="list-style-type: none"><li>• human-centred design; checklists and reminders; independent cross-check</li><li>• removal of distractions and interruptions</li><li>• sufficient time available to complete task</li><li>• warnings and alarms to help detect errors</li></ul>
	Lapses	
Mistakes	Rule-based mistake	<ul style="list-style-type: none"><li>• plan for all relevant 'what ifs' (procedures for new, abnormal and emergency scenarios)</li><li>• diagnostic tools and decision-making aids (flowcharts; schematics; job-aids etc.)</li><li>• competence (knowledge and understanding of system; training in decision-making techniques)</li></ul>
	Knowledge-based mistake	
Non-compliances	Routine	<ul style="list-style-type: none"><li>• improve risk perception; promote understanding and raise awareness of 'whys'</li><li>• increase supervision</li><li>• eliminate reasons to cut corners (poor job design; unnecessary rules; unrealistic workload and targets; unrealistic procedures; adverse environmental factors)</li><li>• improve safety culture (e.g. active workforce involvement)</li></ul>
	Situational	
	Exceptional	

# Human Factors: Benefits

- ✓ Reduced operational risk
- ✓ Identification and recognition of 'what works well' to inform decision making
- ✓ Better health outcomes
- ✓ Improved communications > positive safety culture
- ✓ Provides management with data
- ✓ Assurance of compliance with relevant health and safety regulations

# Key Messages

- **Design work for people** > the Human Factors approach to health and safety.
- **Engage with workers** to ensure safe systems of work are informed by how work is actually done and not an imagined version of work > proactively using risk assessment.
- **Understand the contextual factors, individual, job and organisational factors**, which drive behaviour > helps identify opportunities to improve the system.
- **Develop error tolerant systems** to prevent errors leading to workplace accidents. Human error is normal.
- **Risk assess taking account of Human Factors** > Employers have a legal duty to carry out risk assessments and this includes Human Factors.

## Introduction to Human Factors

### Introduction to Human Factors



This short course **Introduction to Human Factors** promotes the importance of designing work for people, and how this enables them to work safely, healthily and effectively. The course is designed for health and safety managers, supervisors, safety officers, safety representatives and policy makers in all sectors of industry with a role in managing health and safety.


**Course duration:** 20 minutes

#### Learning outcomes:

At the end of this course you should be able to:

- define Human Factors and outline its benefits,
- outline the individual, job and organisational factors that influence performance,
- understand error and non-compliances and how to influence them,
- identify the legal duties of the employer relevant to Human Factors, and
- explain the relationship between Human Factors and health and safety in the workplace.

[Enter course](#)

On the left side of the slide, there are two overlapping, semi-transparent images of a man with a beard and mustache, wearing a dark shirt. He appears to be speaking or presenting. The top image shows him from the chest up, and the bottom image shows him from the waist up. The background of these images is dark and slightly blurred.

**“You cannot change the human condition,  
but you can change the conditions under  
which people work.”**

Professor of Psychology, James Reason, 1997



# HSA

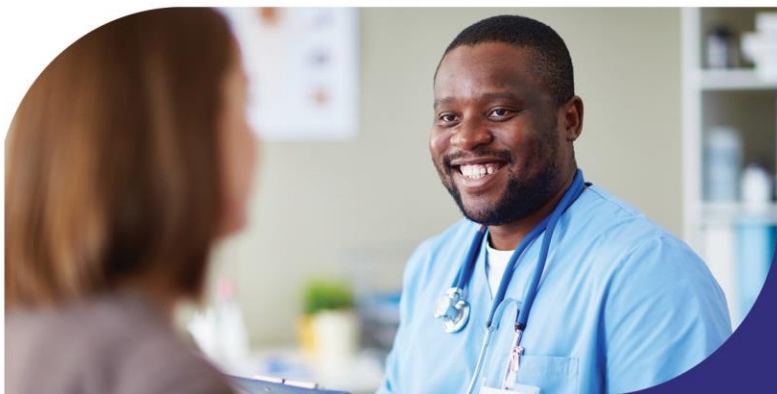
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Go raibh maith agaibh  
Thank you

T: 0818 289 389

E: [contactus@hsa.ie](mailto:contactus@hsa.ie)

W: [www.hsa.ie](http://www.hsa.ie)



# References and Resources



An tÚdarás Sláinte agus Sábháilteachta  
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