



HEALTH AND SAFETY
AUTHORITY

Simple Safety Series



Retail sector – Falling from a height

Over 5000 people get injured every year in this sector!



Over 5000 people get injured every year in this sector!



- 1 Do not work at height where possible.
- 2 Do not climb racking or shelves.
- 3 Never stand on the forks of a forklift truck.
- 4 Use proper access equipment, for example, platform steps.
- 5 Be very careful doing maintenance.
- 6 Ladders are only for temporary access. Inspect them for damage regularly.
- 7 If you are not sure, ask your supervisor.



| Name | Signature | Date | Name | Signature | Date |
|------|-----------|------|------|-----------|------|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Simple Safety Sheet





How to use sheets?

Ensure that sheet is relevant

Points are listed by priority

go through points in order

Confirm employees understand

Ensure each sheet is signed off

Sheets can be used as posters



Briefing Aim



- To support Simple Safety sheets
- To outline falling from a height in the Retail sector
- To provide more information

1 Eliminate the need



Eliminate the need to work at height where possible

Store frequently needed stock at a lower level

Be very careful with maintenance work

2 Do not climb



Do not climb racking or shelves

Do not overstretch to reach stock

Where needed use platform steps/
a-frame ladders



3 Never stand on forklift forks



Never stand on the forks of a
forklift truck

Highly unsafe practice

Get proper equipment and
expertise as needed



4 Use proper equipment



Use proper access equipment e.g. platform steps, ladders

Check what equipment is provided and use it

5 Be very careful doing maintenance



Get proper equipment and
expertise as needed

Plan work properly



6 Only use ladders for temporary access



Ladders are only suitable for temporary access

Get proper equipment and expertise as needed

Plan work properly



7 If you are unsure
ask your supervisor



Report unsafe work practices

Do not presume someone else will
report



Over 5000 people get injured every year in this sector!



- 1 Do not work at height where possible.
- 2 Do not climb racking or shelves.
- 3 Never stand on the forks of a forklift truck.
- 4 Use proper access equipment, for example, platform steps.
- 5 Be very careful doing maintenance.
- 6 Ladders are only for temporary access. Inspect them for damage regularly.
- 7 If you are not sure, ask your supervisor.



| Name | Signature | Date | Name | Signature | Date |
|------|-----------|------|------|-----------|------|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

This is the end of the training
Put the simple steps into use



Retail sector - Falling from a height



Over 5000 people get injured every year in this sector!



- 1 Do not work at height where possible.
- 2 Do not climb racking or shelves.
- 3 Never stand on the forks of a forklift truck.
- 4 Use proper access equipment, for example, platform steps.
- 5 Be very careful doing maintenance.
- 6 Ladders are only for temporary access. Inspect them for damage regularly.
- 7 If you are not sure, ask your supervisor.



Keep records here

| Name | Signature | Date | Name | Signature | Date |
|------|-----------|------|------|-----------|------|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |





**Remember:
if it doesn't seem
safe
it probably isn't**



Topics in this series



Retail - Manual Handling

Retail - Slips, Trips & Falls

Retail - Cuts

Retail - Falling Objects

Retail - Falling from a Height



END

