



HEALTH AND SAFETY
AUTHORITY

Simple Safety Series



Retail sector – Falling Objects

**Over 5000 people
get injured every
year in this sector!**



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Simple Safety Sheet

- 1 Avoid storing heavy items above shoulder level.**
- 2 Store heavy and unstable items close to the ground.**
- 3 Don't overload shelving.**
- 4 Place stock far back into the storage units.**
- 5 Inspect the storage area regularly and report any damage.**
- 6 Use platform steps to get stock.**
- 7 Wear the correct footwear.**



Name	Signature	Date	Name	Signature	Date



How to use sheets?



Ensure that sheet is relevant

Points are listed by priority

go through points in order

Confirm employees understand

Ensure each sheet is signed off

Sheets can be used as posters





Briefing Aim

To support Simple Safety sheets

To outline falling objects in the
Retail sector

To provide more information





1 Avoid storing heavy items above shoulder level

They're dangerous if they fall

They're more difficult to move

some examples of the storage of heavy items at a height:

heavy salad buckets in cold room,

heavy mineral crates stored on the top shelving,

heavy saucepans above sink



2 Store heavy items close to ground



Store heavy **and unstable** items close to the ground

Otherwise retrieval is more difficult and dangerous





3 Don't overload shelving

Ensure shelving can support the weight you put on it

If in doubt, ask a manager

Consider marking shelving with it's maximum weight

Overloaded shelving/storage more common in private rather than in the public area





4 Place stock far back

Place stock far back **into the storage units**

Do not leave material overhanging the racking system





5 Inspect & report damage

Inspect the storage area regularly and report any damage

Do not presume someone else will report damaged shelving

Physically show manager the damaged area

Repair damaged shelving

Don't use damaged shelving



6 Use platform steps to retrieve stock



Do not overstretch to reach stock

Where needed use platform steps/
a-frame ladders





7 Wear correct footwear

Wear personal protective shoes

Steel toe shoes where needed

Hard hats may be required less often

This is the last line of defence –
ONLY to be used if other options
cannot protect fully



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This is the end of the training
Put the simple steps into use

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Keep records here



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**Remember:
if it doesn't seem
safe
it probably isn't**





Topics in this series

Retail - Manual Handling

Retail - Slips, Trips & Falls

Retail - Cuts

Retail - Falling Objects

Retail - Falling from a Height



END

