



HEALTH AND SAFETY
AUTHORITY

Simple Safety Series



Food and drink sector – Falling Objects





- 1 Don't overload shelving.**
- 2 Don't store heavy items above shoulder height.**
- 3 Inspect the storage area regularly.**
- 4 Report damaged shelving.**
- 5 Store awkward items safely.**
- 6 Don't store unstable loads at a height.**
- 7 Wear the correct protective clothing.**



Name	Signature	Date	Name	Signature	Date

Simple Safety Sheet



How to use sheets?



Ensure that sheet is relevant

Points are listed by priority

go through points in order

Confirm employees understand

Ensure each sheet is signed off

Sheets can be used as posters



Briefing Aim



To support Simple Safety sheets

To outline falling objects in Food and Drink sector

To provide more information



1 Don't overload shelving



Ensure shelving can support the weight you put on it

If in doubt, ask a manager

Consider marking shelving with it's maximum weight

Overloaded shelving/storage more common in private rather than in the public area



2 Don't store heavy items above shoulder height



They're dangerous if they fall

They're more difficult to move

some examples of the storage of heavy items at a height:

heavy salad buckets in cold room,

heavy mineral crates stored on the top shelving,

heavy saucepans above sink



3 Inspect the storage area regularly



Make sure shelves are stable

Ensure shelves are properly supported

Check no overloading

Ensure items stored in proper areas

Ensure regular formal inspections



4 Report damaged shelving



Do not presume someone else will report damaged shelving

Physically show manager the damaged area

Damaged shelving must be repaired

Don't use damaged shelving until repaired/ replaced



5 Store awkward items e.g. lids safely



Do not stack lids on top of
saucepans on high shelving

Always store knives safely

Provide separate storage areas for
awkward items

Label these areas properly

Ensure they can hold items
safely



6 Don't store unstable loads at a height



Do not store unstable loads, e.g. sacks of foodstuffs, above shoulder height

Never store unsealed liquid at height

Label unstable loads if needed



7 Wear the correct protective clothing



Steel toe shoes where needed

Hard hats may be required less often

This is the last line of defence –
ONLY to be used if other options
cannot protect fully





Falling objects can kill!

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This is the end of the training
Put the simple steps into use



Food and drink sector - Falling objects



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Keep records here



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**Remember:
if it doesn't seem
safe
it probably isn't**



Topics in this series



Food & Drink - Manual Handling

Food & Drink - Slips, Trips & Falls

Food & Drink - Cuts

Food & Drink - Burns & Scalds

Food & Drink - Falling Objects



END

